OraQix® (Lignocaine 25 mg/g and Prilocaine 25 mg/g) Periodontal Gel

NAME OF THE MEDICINE
OraQix® periodontal gel contains lignocaine (25 mg/g) and prilocaine (25 mg/g) as the active substances.

DESCRIPTION
OraQix® periodontal gel is a clear, colourless, oil-in-water microemulsion. OraQix® is a low-viscosity fluid at room temperature and an elastic gel at the temperature in the periodontal pockets. Excipients: poloxamer (containing butylated hydroxytoluene), hydrochloric acid for pH adjustment to pH 7.5-8.0 and purified water.

PHarmacology
Pharmacodynamics
Lignocaine and prilocaine belong to the amide class of local anaesthetic agents which produce a local blockade of nerve impulses. Local anaesthetics affect the micro-vascular bed, which may cause a transient paleness or redness.

OraQix® is applied directly into the periodontal pockets to provide localised anaesthesia. The onset of local anaesthesia after application of OraQix® in tooth pockets is rapid, about 30 seconds, and a longer waiting time does not seem to enhance the anaesthesia. The median duration of anaesthesia, as assessed by probing of pocket depths, is 20 minutes.

Pharmacokinetics
Prilocaine base and lignocaine base are both relatively hydrophilic amino-oxides.

Absorption: Lignocaine and prilocaine are absorbed from the oral mucous membranes to a similar extent. The systemic bioavailability after the highest recommended dose, 8.5 g, is estimated to be 20 to 40% (95% confidence interval) for both drugs. A low bioavailability is expected from the gel if swallowed, as both lignocaine and prilocaine show a substantial first-pass hepatic elimination. The median Tmax of both drugs is approximately 30 minutes.

Distribution: Lignocaine and prilocaine have an intermediate degree of plasma binding, mainly to α1-acid glycoprotein, with protein binding of 70% and 40% respectively. The plasma concentration of lignocaine is higher than that of prilocaine, with mean Cmax values of 0.17 and 0.08 mg/L respectively after single application of 0.9-3.5 g, and of 0.28 and 0.11 mg/L after a cumulative dose of 8.5 g OraQix® administered as repeated applications during 3 hours.

Biotransformation: Lignocaine is mainly metabolised in the liver and has a high hepatic extraction ratio (0.65). Prilocaine has a high clearance in excess of normal hepatic blood flow, which suggests extensive extrahepatic metabolism.

The main metabolite of lignocaine is through N-dealkylation to monoethylglycinexylidide (MEGX) and glycineconexylidide (GX), which is mainly mediated by CYP2A6. These are hydrolysed to 2,6-xyldine, which is converted to 4-hydroxy-2,6-xyldine, the major urinary metabolite in man. MEGX has an antiarrhythmic and convulsant activity similar to that of lignocaine and GX has a weak antiarrhythmic effect but lacks convulsant activity.

Prilocaine is split at the amide linkage to o-toluidine, which is converted further to 4- and 6-hydroxytoluidine. The formation of methemoglobin during treatment with prilocaine is related to the plasma concentration of o-toluidine and its metabolites. However, even after the maximum recommended dose of 8.5 g OraQix®, individual maximum plasma concentrations of methemoglobin were within the normal range (<2% of haemoglobin).

Elimination: Lignocaine and prilocaine have mean total plasma clearances of 0.95 L/min and 2.37 L/min respectively. The terminal half-life of both drugs after IV administration is 1.6 h. After application of OraQix®, the mean terminal half-life of lignocaine is 3.6 h and of prilocaine 2.8 h, which indicates absorption-dependent elimination. However, the duration of anaesthesia at the application site is only 20 minutes.

Linearity: The increase in Cmax of both lignocaine and prilocaine is proportional to the dose; at the maximum recommended dose the increase is less than proportional.

CLINICAL TRIALS
A total of 337 patients (146 men and 191 women; 169 OraQix® and 168 placebo) were studied in three randomised, double-blind, placebo-controlled trials. Subjects received a median dose of approximately 1 cartridge (1.7g gel), ranging from ½ - 2½ cartridges per quadrant treated. The primary objective of these clinical studies was to estimate the analgesic effect of OraQix® by asking subjects to rate their pain on a continuous visual analog scale (VAS) from 0 (no pain) to 100 mm (worst pain imaginable). Patients were asked to report overall perceived pain 5 minutes following manual scaling and/or root planing (SRP) in a single quadrant that had been pre-treated with OraQix® or placebo (vehicle only, without lignocaine or prilocaine). In all three studies, subjects who were given OraQix® reported less pain during the procedure than those given placebo. Study B3 recruited patients with a known sensitivity to mechanical probing of dental pockets, whereas in studies B1 and B2, this was not a requirement. Results of B1, B2 and B3 are summarized below.

<table>
<thead>
<tr>
<th>Study (no of patients)</th>
<th>OraQix®</th>
<th>Placebo</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1 (n=122)*</td>
<td>57 (90%)</td>
<td>38 (64%)</td>
</tr>
<tr>
<td>B2 (n=130)</td>
<td>49 (78%)</td>
<td>51 (76%)</td>
</tr>
<tr>
<td>B3 (n=85)*</td>
<td>30 (70%)</td>
<td>20 (48%)</td>
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</tbody>
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A secondary objective was to compare individual patient estimates of pain on a 5-step categorical Verbal Rating Scale (VRS) which included the following categories: no pain, mild pain, moderate pain, severe pain, and very severe pain. The results of those who reported no pain or mild pain are shown in the next table.

<table>
<thead>
<tr>
<th>Study (no of patients)</th>
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<th>Placebo</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1 (n=122)</td>
<td>11.6 (± 12.0)</td>
<td>25.4 (± 24.7)</td>
</tr>
<tr>
<td>B2 (n=130)</td>
<td>12.8 (± 17.9)</td>
<td>19.2 (± 19.2)</td>
</tr>
<tr>
<td>B3 (n=85)</td>
<td>17.3 (± 19.2)</td>
<td>28.5 (± 20.9)</td>
</tr>
</tbody>
</table>

Table 1. Visual Analog Pain Scale (100 mm scale)

Table 2. Verbal Rating Scale

<table>
<thead>
<tr>
<th>Study (no of patients)</th>
<th>OraQix®</th>
<th>Placebo</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1 (n=122)</td>
<td>7</td>
<td>5</td>
</tr>
<tr>
<td>B2 (n=130)</td>
<td>17</td>
<td>13</td>
</tr>
<tr>
<td>B3 (n=85)</td>
<td>0 - 48</td>
<td>0 - 85</td>
</tr>
<tr>
<td>Placebo</td>
<td>0 - 94</td>
<td>0 - 79</td>
</tr>
<tr>
<td>Difference (95% CI)</td>
<td>8.0 (2.0 - 13.0)</td>
<td>4.0 (0.0 - 10.0)</td>
</tr>
<tr>
<td>P value</td>
<td>&lt;0.0005</td>
<td>0.015</td>
</tr>
</tbody>
</table>

* p<0.05 in the statistical test of the full five categorical scale

INDICATIONS
OraQix® is indicated in adults for localised anaesthesia in periodontal pockets for probing, scaling and/or root planing.

CONTRAINdications
OraQix® is contraindicated in patients with a known history of hypersensitivity to local anaesthetics of the amide type or to any other component of the product.

PRECAUTIONS
OraQix® must not be injected.

Patients with glucose-6-phosphate dehydrogenase deficiency or congenital or idiopathic methaemoglobinemia are more susceptible to drug-induced methaemoglobinemia (see Pharmacokinetics).

Care should be taken not to allow OraQix® to come in contact with the eyes as it may cause eye irritation. Also the loss of protective reflexes may allow corneal irritation and potential abrasion. If eye contact occurs, immediately rinse the eye in water or sodium chloride solution and protect it until sensation returns.

When OraQix® is used, the patient should be aware that its use may be accompanied by a block of all sensations in the treated area and, if inadvertently spread may induce numbness of the oral mucosa. Care should be taken to avoid excess OraQix® gel from spreading to the oropharyngeal mucosa. The patient should avoid inadvertent trauma to the treated area, exposure to extreme hot or cold temperatures and refrain from eating and drinking until complete sensation has returned.

Avoid contact with OraQix® to prevent the development of possible allergy.

Do not use cartridge warmers with OraQix®. The heat will cause the product to gel.

Effects on fertility
The potential effects of the lignocaine/prilocaine combination on fertility have not been evaluated.

Use in pregnancy (Category A)
Lignocaine and prilocaine have been used by a large number of pregnant women and women of childbearing age without an increased incidence of malformations or other direct or indirect harmful effects on the foetus having been observed.

There is no data on plasma levels of lignocaine and prilocaine following application of OraQix® in elderly patients. However, data on EMLA cream (eutectic mixture of lignocaine and prilocaine) used in children and adolescents has not been assessed. Isolated cases of methaemoglobinaemia in children using the combination of lignocaine and prilocaine in other drugs have been reported.

Pediatric use
The use of OraQix® in children and adolescents has not been assessed. Isolated cases of methaemoglobinaemia in children using the combination of lignocaine and prilocaine in other drugs have been reported.

Use in the elderly
There is no data on plasma levels of lignocaine and prilocaine following application of OraQix® in elderly patients. However, data on EMLA cream (eutectic mixture of lignocaine and prilocaine) used on intact skin do not indicate higher plasma levels in geriatric compared to non-geriatric patients.

Carcinogenicity and genotoxicity
Carcinogenicity potential of the lignocaine/prilocaine combination or each agent alone has not been studied. There is evidence that the major metabolites of these compounds, 2,6-xyldine and o-toluidine, have carcinogenic potential. In a rat carcinogenicity study, carcinomas and adenomas of the nasal cavity and subcutaneous fibromas and/or fibrosarcomas were increased at high doses. In these studies that there is generally no risk of the child being affected after therapeutic use of OraQix®.

Approved Product Information
administration were observed: hepatocarcinomas/adenomas in female mice, multiple occurrences of hemangiosarcomas/hemangiomas in both sexes of mice, sarcomas of multiple organs, transitional cell carcinomas/papillomas of urinary bladder in both sexes of rats, subcutaneous fibromas/fibrousomas and mesotheliomas in male rats, and mammary gland fibroadenomas/adenomas in female rats.

There is equivocal evidence for genotoxic potential of the metabolites. The carcinogenic potential of Oraqix® from infrequent use at low doses is likely to be low.

Use in renal/hepatic impairment
Lignocaine and prilocaine and their metabolites are known to be excreted by the kidney, and the metabolites may accumulate in patients with impaired renal function. Due to the extensive liver metabolism the pharmacokinetics of lignocaine and prilocaine is dependant on liver function. The lignocaine half-life may be doubled or more in patients with impaired liver function.

Effects on ability to drive and operate machinery
Oraqix® has no known influence on the ability to drive and use machines.

Drug interactions
Oraqix®, i.e. lignocaine and prilocaine, should be used with caution in combination with dental injection anaesthesia, other local anaesthetics or agents structurally related to amide-type local anaesthetics, e.g. antirhythymics such as mexiletine, since the toxic effects of these drugs are additive (see also Overdosage).

In view of the low systemic exposure and short duration of Oraqix® application, metabolic drug-drug interactions of clinical significance with lignocaine or prilocaine seem unlikely.

ADVERSE EFFECTS

Clinical Trial Data
Although no major differences in adverse events between Oraqix® and placebo treated subjects were observed, all patients in the placebo controlled studies received either Oraqix® or a placebo gel (consisting of the vehicle in Oraqix® without lignocaine or prilocaine). Therefore, it is not possible to determine if adverse events in each treatment group were attributable to the inactive ingredients comprising the Oraqix® vehicle or if adverse event rates were higher than expected background rates. Therefore, a causal relationship between the reported adverse reactions and Oraqix® could neither be established nor ruled out.

Following SRP treatment with Oraqix® in 391 patients, the most frequent adverse events were local reactions in the oral cavity (see Table 1). These events, which occurred in approximately 15% of patients, included pain, soreness, irritation, numbness, vesicles, ulcerations, oedema and/or redness in the treated area. Of the 391 patients treated with Oraqix® , five developed ulcerative lesions and two patients, included pain, soreness, irritation, numbness, vesicles, ulcerations, oedema and/or redness in the treated area. Of the 391 patients treated with Oraqix® , five developed ulcerative lesions and two patients.

Table 3. Frequency of patients with adverse events occurring in more than one patient in any of the treatment groups.

Each patient is counted only once per adverse event. The occurrence in a single patient is included in this table if the same symptom has been seen in at least one patient in another group.

1 includes complaints of bad or bitter taste lasting for up to 4 hours after administration of Oraqix® .
2 Includes reports of bad or bitter taste lasting for up to 4 hours after administration of Oraqix® .

**In a cross-over study, 170 subjects received either Oraqix® or lignocaine injection 2% in each test period.

***Includes pain, soreness, irritation, numbness, ulcerations, vesicles, oedema, abscess and/or redness in the treated area.

Allergic Reactions: Allergic and anaphylactic reactions associated with lignocaine or prilocaine can occur. They may be characterized by urticaria, angioedema, bronchospasm, and shock. Most often the reactions manifest as skin rashes, gingival redness and swelling. Occasionally, severe reactions, including laryngeal oedema and anaphylactoid reactions have occurred. If they occur, they should be managed by conventional means.

DOSEAGE AND ADMINISTRATION

DO NOT INJECT

Administer Oraqix® as a liquid. Oraqix® will gel upon contact with warm oral mucosa.

Oraqix® is not intended for use with standard dental anaesthetic syringes. This product should only be used with the Oraqix Dispenser®, which is available from DENTSPLY (Australia) Pty Ltd.

Adults

On average, one cartridge (1.7 g) of Oraqix® will be sufficient for one quadrant of the dentition. The maximum recommended dose of Oraqix® at one treatment session is five cartridges, i.e. 8.5 g gel containing 212.5 mg lignocaine base and 212.5 mg prilocaine base.

Clinicians should administer Oraqix® in the following sequence:

1. Apply Oraqix® gel around the gingival margin of 2 or 3 teeth. Gingivae will be anaesthetised after 30 seconds.

2. Insert blunt tipped cannula subgingivally and deposit Oraqix® directly into periodontal pockets of the same 2 or 3 teeth. Completely fill the pockets for optimal anaesthesia. Subgingival anaesthesia will be complete after 30 seconds (a longer waiting time does not enhance the anaesthesia).

3. You may now remove Oraqix® gel by having the patient rinse, though this is not necessary.


5. The Oraqix® gel will be removed from the periodontal pocket by the directional strokes of hand-scaling, and/or by the lavage and tip motion of an ultrasonic scaler. This is normal and will not affect the anaesthesia duration.

6. Gel should be suctioned from the mouth as it is removed from pockets.

7. Move onto the next 2 or 3 teeth once complete.

The duration of anaesthesia, as assessed by probing of pocket depths, is about 20 minutes. If the anaesthesia starts to wear off, re-apply Oraqix® as needed.

When administered, Oraqix® should be a liquid. If it has formed a gel, it should be placed in a refrigerator until it becomes a liquid again. The air bubble visible in the cartridge will then move if the cartridge is tilted.

The cartridge and applicator are intended for single use.

Discard any unused Oraqix®.

Oraqix® should not be used after the expiry date printed on the container.

OVERDOSE

Oraqix® alone and used as recommended is not likely to cause toxic plasma levels (>5 mg/L). However if other local anaesthetics are administered at the same time, e.g. topically or by dental injection, the toxic effects are additive and may cause an overdose with systemic toxic reactions.

Should symptoms of systemic toxicity occur, the signs are anticipated to be similar in nature to those following the administration of local anaesthetics by other routes. Local anaesthetic toxicity is manifested by symptoms of nervous system excitation and, in severe cases, central nervous and cardiovascular depression.

Severe CNS symptoms (convulsions, CNS depression) or cardiovascular symptoms must be treated symptomatically by the administration of e.g. anticonvulsive drugs, respiratory support and/or cardiovascular resuscitation as necessary.

Prilocaine in high doses may cause an increase in the methaemoglobin level, particularly in conjunction with other methaemoglobin-inducing agents. Clinically significant methaemoglobinaemia should be treated with a slow intravenous injection of methylene blue.

PRESENTATION AND STORAGE CONDITIONS

Oraqix® Perioperative Gel is supplied in dental cartridges that provide 1.7 g Oraqix® gel (corresponding to 42.5 mg lignocaine and 42.5 mg prilocaine). Individually blister-packed cartridges of Oraqix® are distributed in a carton of 20. Each individual blister pack also contains a sterile blunt-tipped applicator.

Oraqix® does not contain a preservative. The product and the blunt-tipped applicator are for single use in one patient only. Discard any unused portion.

Store below 24°C to avoid gel forming in the cartridge. Refrigerate any gelated product to return it to the liquid state. Do not freeze. At temperatures below 5°C coagulation may occur. This opaqueness will disappear when the cartridge is warmed to room temperature.

Keep out of reach of children.

NAME AND ADDRESS OF THE SPONSOR

DENTSPLY (Australia) Pty Ltd, 11-21 Gilly Road, Mount Waverley, VIC 3149, Australia

DENTSPLY (NZ) Limited, c/o Russell McVeagh, 48 Shortland Street, Auckland, New Zealand

Poison Schedule: S4

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